

# conflict as a doorway to connection

with **Ike Lasater**

When we are in conflict, we are connected in a certain kind of way; we just don't like the nature of that connection. The quality of this connection typically doesn't lend itself to mutually satisfactory solutions. Using Nonviolent Communication (NVC)\*, you can transform conflict into valued connections. The purpose of this workshop is to provide you with skills to transform conflict into easeful, connected conversations, which result in mutually satisfying resolutions.

Observing others mediate, spending time in the mediator's chair and receiving feedback will fuel your learning. You will learn from the other participants: what worked for them and what didn't—not in a theoretical sense, but viscerally what shifted them and what didn't. Additionally, the coaching you will receive as you are implementing your new skills has been refined in over 400 hours of similar NVC mediation trainings.

You will rotate through the roles of NVC mediator, disputant, and observer.

As you do so, you will develop mediation skills, expand NVC fluency, and grow personally. All participants will practice translating judgments into feelings and needs and receiving feedback from the other participants.

\* Nonviolent Communication is a communication methodology developed by Marshall Rosenberg PhD, in the mid-1960's. See [www.CNVC.org](http://www.CNVC.org)

Dates: Sat 24, Sun 25 and Mon 26 May 2008 Time: 10 am – 5 pm Location: <b>Riverglenn Centre</b> <b>Kate Street, Indooroopilly Brisbane</b> <a href="http://www.riverglenn.com.au">www.riverglenn.com.au</a> <b>Cost:</b> \$500 includes lunch, morning and afternoon tea – Please book asap Accommodation is available at the venue and some billeting also available in Brisbane	Date: Fri 30 May, Sat 31, Sun 1 May 2008 Time: 4.30 – 6.30 pm Location; CCAMLR 181 Macquarie St, <b>Hobart</b> Cost: \$45 per eve or \$120 full set
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Please contact me if the fee is prohibitive for you, regards, Kate

**Ike Lasater** teaches and coaches communication and conflict resolution skills to individuals and organizations. His experience includes over 100 days of NVC training, serving on several boards of directors, including that of the Center for Nonviolent Communication, founding and co-managing complex litigation law firm, co-founding the Yoga Journal, and long term practice of yoga, Zen meditation and aikido.

For more information: Email [IkeLasater@WordsThatWork.us](mailto:IkeLasater@WordsThatWork.us) [www.wordsthatwork.us](http://www.wordsthatwork.us)

\*We have a preference that participants have a minimum or a Nonviolent Communication Foundation Training.

\*\*See next page for Brisbane NVC Foundation training with Cate Crombie on the 3/4<sup>th</sup> May.

Registration and more Information: Kate Raffin - 02 9557 7986 [kate@kateraffin.com](mailto:kate@kateraffin.com)

# Registration form conflict as a doorway to connection

with Ike Lasater  
a three day intensive training in  
**Brisbane** May 24, 25 and 26, 2008 (Sat, Sun, Mon)

OR A three evening training in

**Hobart** May 30 and 31, June 1, 2008 (Fri, Sat, Sun)

- please note, these times and dates for Hobart have now been changed from their original format.

To Register or for more Information contact Kate Raffin  
email [kate@kateraffin.com](mailto:kate@kateraffin.com)  
phone (02) 9557 7986  
fax (02) 9557 7986  
post 6B Alice Lane, Newtown Sydney NSW 2042 Australia

## Payment for Brisbane:

Training Fee: \$500 includes lunch, morning and afternoon tea  
Please note that you are not formally registered until you have paid for the workshop in full. A deposit of \$100 is due with registration to reserve a space. Total payment is due no later than April 30, 2008. Please book as soon as possible.

**Cancellation Policy:** Cancellations before April 30 will refunded minus a \$30.00 administration fee. Cancellations after April 30 will only be refunded if your place can be filled by the wait list.

## Payment for Hobart :

Training fee \$45 per evening or \$120 or the series.

**NB:** Please contact me if the fee is prohibitive for you, Kate Raffin

## Registration Form

Name

Address

City/State

Zip

Country

Phone ( )

Fax ( )

Email

Payment Enclosed:

\*\*Cate Crombie (NVC Certified Trainer) is offering the following  
Foundation Training on Sat 3<sup>rd</sup> and Sun 4<sup>th</sup> of May at the Relaxation  
Centre's new premises at 15 Southpine Road, Alderley.

Bookings: Please phone 07 3856 3733

For more information: [www.relaxationcentreqld.com](http://www.relaxationcentreqld.com)